



Hamilton, Canada

Founded 1982

## Dates for 2023

### General Meetings

**February 8**  
**May 10**  
**September 13**  
**November 15**  
**(AGM)**

### Board Meetings

**January 10**  
**April 11**  
**August 15**  
**October 10**

### Special Events

**Spring Luncheon**  
**April 23**  
**Golf Tournament**  
**June 19**  
**(Flamborough Hills)**  
**Turkey Roll**  
**November 22**

Published quarterly by and for  
the  
members of the  
**Hamilton Police**  
**Retirees Association**

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Articles appearing in *The Newspeak* reflect the opinions of the writer and are not necessarily those of the Hamilton Police Retirees Association.



## Presidents Message **Darlene Shepherd**

Greetings and Happy New Year to all members.

Since becoming actively involved with the HPRC I want to recognize all the Board members past and present and all our volunteers working behind the scenes and at every event to make them successful. Thank you to the Board members, the Adhoc Committee members and spouses for all you do. These dedicated individuals have kept your Association afloat even during Covid.

It was great seeing many of you at the AGM and the Turkey Roll in November. It has been three years since we have been able to gather. I look forward to seeing many more of you at the Spring Luncheon.

As I assume the role of President I want to take this opportunity to thank Dave Bowen for all his hard work and dedication to this position since 2018. Dave has been actively involved with the HPRC since 2015. He now becomes your Past President.

My first official duty as HPRC President was to award the \$500 Bursary to the HPS Recruit with the highest academic mark at the Ontario Police College. That Recruit was Daniel MacDonald with a 96% average. Daniel also

received the Chief Ken Robertson award. Congratulations Daniel and to all the new recruits we wish you a long and healthy career. Be safe.

### Important Announcements

**2023 Membership Fees are due if you need reminding !**

After many discussions and research your Board of Directors has decided to invest in our own website and email delivery system. Your most recent messages have been sent from this new system as you may have already noticed by the new message format.

You will be notified when to log in to the website and how to do it in the near future. If you have any issues please reach out to Terry Hill or myself. This issue of the Newspeak has all the board members and their contact info on the last page.

For our e mail send outs please mark in your e mail system our main e mail address as a safe sender so you continue to get our e mails. The address is

[info@hpra.ca](mailto:info@hpra.ca)

Editor

## OMERS & BENEFITS

### City of Hamilton – Benefits

Hello folks, Happy New Year to you all. To those who are blissfully whiling away on some tropical beach, drinking your Mai Tais and enjoying the sun I hope you stay safe and give us poor people in the semi-frozen north some thought. Anyway, enough of that. This article lists insurance contacts myself and Terry Hill forward to those seeking help with insurance issues.

#### PPAO/Sun life Insurance soon to be Canadian Premier Insurance.

Some of you may have received a letter from Sun Life to tell you that they are not recognizing you as a member of the PPAO. You are a member but for privacy issues Sun Life will not be aware of that until you actually register as a member of the PPAO through their website <https://membership.ppaoc.ca/register/>.

The next issue is that we have recently learned that Sun Life has sold their Group Plans to Canadian Premier Insurance. Some may have received a notice of this change forthcoming. It seems that those that chose to remain in the previous group plan #5158 have received such a letter. The transition is supposed to be seamless and to take effect sometime in February. Procedurally nothing has changed for submitting claims so far. As more information is released we will let the members know.

Contact person – **Mike Kelly** – (519) 491-2050

[mike.f.kelly@sunlife.com](mailto:mike.f.kelly@sunlife.com)

MROO/Victor Insurance

Contact person – **Maricel Nieva** – (905) 755-2037

[maricel.nieva@victorinsurance.com](mailto:maricel.nieva@victorinsurance.com)

For those requiring information on Pensions (Omers and City of Hamilton) and turning 65 years and the Health Spending account.

905-546-2424

If your name begins with A – L contact **Manjeet Jauha** at Ext.4802

If your name begins with M - Z contact **Margarita Skachkova** at Ext.4176

A very Happy New Year from our friends at OMERS. It was nice to see the 6% COLA raise on our January 1st cheque.

The Ontario Government announced a change to our prescription drug plans as they will be changing to bio-similar drugs from biologic drugs. There is much debate about this change however several other provinces have been doing this for some time. There are still many questions regarding this decision but I believe it is here to stay. Options are available to you if your doctor feels it necessary for you to remain on your current drug. Talk to your doctor.

Check out Health Canada's web site re: Biosimilar biologic drugs in Canada for more information.

JR



“Keep your eyes open.  
Two prisoners are missing!”

# SPRING LUNCHEON



*Spring Luncheon*



**The Hamilton Police Retirees Association**  
**Cordially invites you to the**  
***Annual Alumni Spring Luncheon***  
***Sunday April 23th, 2023***

**Doors open at 12:00 Noon**  
**(Please DO NOT arrive earlier)**

**Michelangelo Banquet Centre**  
**1555 Upper Ottawa Street, Hamilton.**

***\$25 each for Members and Partners or Support Person.***

*No charge for surviving spouses.*

***NEW! Prepay for your tickets & avoid the lineup.***

***Please RSVP before Thursday, April 13, 2023 to one of the following:***

***Cath Collard 905-541-0543 - Email: [cath.collard@outlook.com](mailto:cath.collard@outlook.com)***

***Dianne Jackson 905-574-0020 - Email: [hundog@sourcecable.net](mailto:hundog@sourcecable.net)***

***Seating by Reservation Only***

***PLEASE NOTE: No-shows cost your retirees association, so please understand that acknowledging your attendance and failing to attend will necessitate our having to pass along the charge to you. Special circumstances will be given consideration.***

## In Memoriam

*Darlene Hardy William Paynter*

*Fdna Jean North Rick McCabe*

*Peter Payne Jean Elliott*

*Gwynne Gibbons Aldonai Skinulas*

*Sylvia Mische Bernard Evans*

*Richard Cathcart Catherine Hemmink*

*Ronald Seniunas Anne Stewart*

*Anne Webb Edward Worron*

*Jody-Lynn Smith Linda Crooker*

*Douglas Wilkins Linda Walsh*

*Jack Wiebe Mary Downer*

*Robert Nesbitt Keitha Nicholson*

*Heather Tyrrell David Beech*

*Shelley Gaylard Douglas Irwin*

*Robert Marshall Gerald Evans*

*Dorothy Speakman Malcolm Heddle*

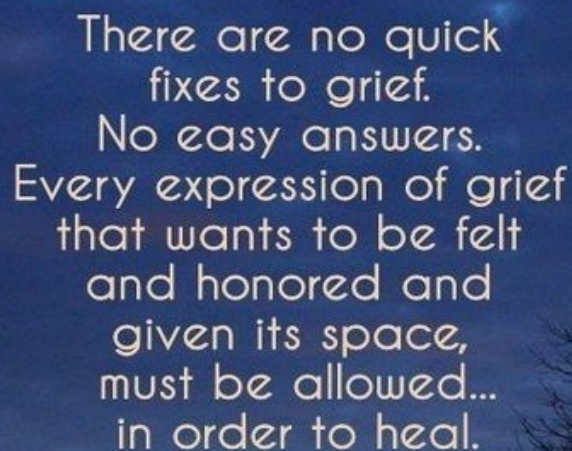
*William Bird Charles Evans*

*Richard Morrison Beverly Greville*

*Barbara Williams*

Gone from our sight...

Never from our memories



There are no quick  
fixes to grief.  
No easy answers.  
Every expression of grief  
that wants to be felt  
and honored and  
given its space,  
must be allowed...  
in order to heal.

Tom Zuba  
Grief Guide - Author - Speaker

For those of you that don't know the first issue of the Newspeek, in the new year, includes all deaths from the last Spring Luncheon to publishing date. The names are retirees or spouses and Line of duty deaths for active members. It does not include other family members of retirees or active members that left us because of a non work related cause.

Editor

**SAVE THE DATE!**

**Hamilton Police Retirees Association**  
"Continuing to Serve"

**29th ANNUAL HAMILTON POLICE ALUMNI  
GOLF TOURNAMENT**  
Monday June 19, 2023  
Flamborough Hills Golf & Country Club



DAVE BROOM DON MCPHERSON JAN JOHNSON  
JACQUIE PETERSEN PAT ROZOSKI  
KATELYN CIARDULLO MIKE ELLIS ANN SCOTT  
SARA BORTOLOTTI TIM ELLIS JACK MACFARLAND  
LUCAS DZIEMIANKO KATE SHARP TERRY LUX  
FRANK BERGEN MITCH RAY BORSC KIM PUDLY  
JOANNE POPE

As required by our Lottery Licence we need to publish a list of winners from the Turkey Roll and here they are. The event organizers would also like to recognize everyone who supported through prizes and gifts for the event but space won't allow it in this issue. Look for their names in the next Newspeek !

MIKE COLE SANDY MUIR JOHN DMETRICHUK  
DAVE BOWEN TONY MANNA KELLY CHALMERS  
KIM PUDLOW ROSE BINCH ROD PIEON  
NANCY BLUNDELL TERRY HILL DYLAN SPEARE  
CATH COLLARD ALLISON HOOD WILLIAM HENDRY  
LINDSAY VELJKOVIC BILL CUMBER  
GEORGE NAROZNIAK TERRY SULLIVAN  
RON HAYWARD LLOYD WILLIAMS JIM LAWTON  
KATHY MCLEAN BOB ROSAMOND  
SCOTT COLLINGS GREG JACKSON DIANNE JACKSON  
CATH COLLARD MARILYN MALE MELISSA LEBLANC  
DAVE VAN AMAN KELLY DZMIENIANKO

## The Club

Well it's February already, and I have a good feeling about the future of our club. If you haven't made your way to the triple nickel lately, please stop by and meet our new manager, Matt Leonard. Matt comes to us with extensive experience in the restaurant industry and with the added bonus of being a team player.

Since I began my role as House and Charity Director I have worked closely with Matt and our goal is to make sure The Club is put (back) on your restaurant rotation.

I would be happy to hear from you if you have any positive or constructive feedback, or, if you have any questions, please do not hesitate to contact me at

[pabirashed@hpra.ca](mailto:pabirashed@hpra.ca)

Peter Abi-Rashed

PS; You must try the Fish & Chips.

## HAMILTON POLICE RETIREE'S BOARD 2023

President	Darlene Shepherd	dshepherd@hpra.ca
Past President	Dave Bowen	dbowen@hpra.ca
Vice President	Pieter Ciere	pciere@hpra.ca
Treasurer	Craig Ellis	cellis@hpra.ca
Secretary	Kelly Dziemianko	kdziemianko@hpra.ca
OMERS & Benefits	John Rusnak	jrusnak@hpra.ca
Pensions HWRF	Bob Slack	bslack53@hpra.ca
Membership	Bob Slack	
Special events	Dave Place	dplace@hpra.ca
Benevolent	Cath Collard	collard@hpra.ca
Charity & House	Peter Abi-Rashed	pabirashed@hpra.ca
Volunteers	Paul Lahaie	
Communications	Terry Hill	thill@hpra.ca
Tuck Shop	Mike Fauvelle	
Spring Luncheon	Kelly Dziemianko/Dave Place	
Golf Tournament	Peter Abi-Rashed	
Tribute Dinner	Cath Collard	
Turkey Roll	Kelly Dziemianko/Dave Place	
Historic Vehicles	Dave Bowen	

### EDITOR'S NOTE :

**For those members who don't have E mail please phone me at 905 628 6849 if you need to contact us**